

VTTA Midlands 10 Mile TT

Promoted for and on behalf of Cycling Time Trials
under their rules and regulations

Date: Saturday 18th September 2021
Time: 2pm
Course: K48/10
HQ: Weston Village Hall (ST18 0JQ), Open from 1pm

Event Secretary: Scott Westwood
4 Woodpecker Way
Cannock – WS11 7WJ

Contact Number: 07983 587440 Email: scott.westwood41@icloud.com

Timekeepers: Mike Howard, Alastair Semple

Numbers and signing on at the HQ. The start is approx. 1/2 mile from the HQ



In the interests of your safety, Cycling Time Trials and the event promoters strongly advise you to wear a **Hard Shell Helmet** that meets an international safety standard. It is required that a **working rear light**, either flashing or constant, is fitted to the machine and is active whilst the machine is in use

Course K48/10 : Weston - Aston by Stone		
Grid ref	Description	Distance (miles)
972 277	Start on A51 (Rugeley - Stone road) at field gate about 0.5 mile northwest of Weston and just beyond the lodge house at the end of Boat Lane. Ride northwest along A51	0
909 321	At island junction with A34 at Aston-by-Stone encircle island taking fourth exit to retrace along A51	4.95
	Finish at field gate 200 yards past the start.	10

Map OS 1:50 000 "Stafford & Telford" sheet 127

Event Prizes

	Vets on Standard*
1 st	£25
2 nd	£15
3 rd	£10

*Only paid up members of the VTТА qualify for standard prizes. VTТА membership status, including the membership group, is taken from your event entry and is indicated on the startsheet. Please let me know if this information is incorrect for you and inform me of your VTТА ID.

Important Notice

- Keep your head up when riding and obey the rules of the road.
- No "U" turns near start and finish.
- Riders are asked to approach the start no more than 5 minutes prior to their start time. It is a dual carriageway with no layby, so please do not cause congestion.
- No warming up on the course after the event has started. You are advised to warm up on the road towards Rugeley or Utoxeter.

Parking

In order to ensure that we are able to host future events using this HQ please note the following:

Parking is available at the HQ for approximately 50 cars and additional parking is available on Green Road outside the HQ. If parking in the village please park on the side of the road adjacent to the village green and not directly outside people's houses, the children's play area or obstruct any paths, thank you

Please remember to complete the signing on sheet both before the event and on your return to the HQ. Failure to do so will result in a 'DNF'.

Headquarters

Access to toilets will be through the main entrance to the right-hand side of the building. Please use hand sanitizer before entering, men's to the left, women's to the right and disable (unisex) to the right.

Signing on can be accessed through a separate door to the left-hand side of the building. Only one person is allowed in the building to sign on at any one time. Please queue outside keeping 2m apart.

After the event please sign back in one at a time and place your number in the bucket of soapy water that will be provided.

No turbo trainers or rollers are to be used in the carpark or village, warm should be done on the road.

This event will be run under CTT's current Covid-19 Risk Assessment. Please take time to read it <https://www.cyclingtimetrials.org.uk/documents/index/covid-19>. Whilst there are a few extra procedures outlined below, changes may be made based on events on the day. These will be communicated fully where appropriate. You are expected to heed the marshals.

IF YOU OR ANY OF YOUR HOUSEHOLD ARE NOT WELL OR ARE SHOWING SIGNS OF COVID-19 THEN PLEASE DO NOT COME TO THIS EVENT.

Riders will be able to sign on from 1pm – please do not arrive any earlier than one hour before your allocated start time to allow for social distancing at the village hall entrance. Signing on and collection of body numbers will be at the HQ. All competitors are required personally to sign the signing out sheet after course completion. Failure to do so will result in the competitor being recorded as DNF.

PLEASE BRING YOUR OWN PEN TO SIGN ON AND SAFETY PINS IF YOU REQUIRE THEM TO ATTACH YOUR NUMBER AS THESE WILL NOT BE PROVIDED. USE THE HAND SANITISER PROVIDED FREQUENTLY. Signing on and Toilet access on a One-In-One-Out Basis only, A one-way entry and exit route is in place, please follow the social distancing signage and guidance from the event official. Strictly no changing within the building, so come prepared to race. There will also be no post-race refreshments.

The timekeepers and officials will be checking that riders a) have their numbers attached correctly, b) have a working rear light. If any of these are not complied with, you will not be permitted to ride.

There will be no "pusher offer" and you will have to do a standing start on your own with one foot on the ground. Rolling starts, track stands and "jumping the gun" will not be permitted. Offenders will be disqualified.

Make it easy for the finish timekeepers: when you cross the line shout your number as loud as you can. Do not approach them at any point even if you wish to report you are DNF.

Race results will not be available at the event, so please do not ask. We will collate the results and post them online ASAP on the VTTA midlands web-site and facebook pages. Official results will of course be available on the CTT web-site.

www.vtta.org.uk/groups/news/midland

<https://www.facebook.com/groups/787680931325837>

COVID – 19 Risk Assessment - IMPORTANT General / Before the Event

- Only attend the event if you are in good health. If you are experiencing any symptoms associated with COVID-19 you must not attend
- Competitors should arrive 'dressed to race' At HQ- changing will not be permitted in the HQ
 - Competitors MUST NOT gather in anyway regardless of current guidelines in the car park, HQ area or elsewhere.
- No refreshments will be served at HQ
- Please allow extra space either side of your vehicle when parking to ensure social distancing is maintained at all times, Please do not park 'boot to boot' to ensure you are not unpacking bikes next to another competitor.
- Please remain at your car unless warming up, racing or signing in or out.
- Please bring your own pen to the event to sign on.
- On arrival please come to HQ, The sign-on/out sheet will be displayed on the table and the numbers laid out. Please sign on using your pen, take your number and return to your vehicle.
- Toilet facilities will be available at the event but a strict 'one in one out' policy will be in place. Please, no changing into/out of race kit in the toilets.
- We encourage riders to warm up on the road no turbos or rollers to be used in the Car Park or near the HQ
- Competitors MUST NOT leave any personal items with the time keeper.
- There will be no pusher-off. Competitors must start with one foot on the ground.
- Please arrive at the start no more than 5 minutes before your allocated start time and ensure that you line up more than two meters apart from other competitors. 2 Meters will be marked out near the start.
- Spectators should ideally not attend unless supporting the running of the event.
- Drafting - If you should catch up another rider you should try to pass as quickly as possible and must not in any other circumstances ride close behind so that you take shelter from the wind. You must set your own pace and not use another rider as a pace maker. The onus on avoiding company riding shall be on the rider overtaken. Nor is it in order to ride alongside and even to ride a few meters behind for any appreciable distance. In the spirit of the sport, caught riders should not disturb the performance of the rider catching them by repassing and/or riding closely behind them, except when they can sustain that move. This is generally considered to mean that the caught rider should allow a reasonable gap to develop of some 30 to 50 yards/meters.
- No support can be provided if a competitor suffers mechanical difficulties. It is strongly advised that all competitors carry with them a spare inner-tube/tubular, pump and tyre levers if required.
- It is strongly advised that all competitors carry a mobile phone and take with them the telephone number of the event organiser. Please telephone the organiser if you have failed to finish the event.
- Competitors on finishing, MUST NOT stop at the finish and MUST NOT loiter at the HQ/car park and MUST sign back in leaving their number with any pins removed, pack away and leave immediately upon completion of the race.

NUM	NAME	CLUB	TIME	VTTA MEMEBER
1	Patrick Kelly	Velo Club Long Eaton	14:01	
2	Fiona Prew	Stone Wheelers CC	14:02	Y
3	Bob Awcock	Born to Bike - Bridgtown Cycles	14:03	Y
4	James Lees	VTTA (Midlands)	14:04	Y
5	Joseph Costello	Walsall Roads Cycling Club	14:05	Y
6	Stewart Ball	Successcycling.co.uk	14:06	Y
7	Rod Brooks	Warrington Road Club/Horton Light Engineering	14:07	Y
8	Stephen Cooke	Walsall Roads Cycling Club	14:08	Y
9	Stephen O'Hara	Solihull CC	14:09	Y
10	Jon Howard	Team Echelon	14:10	Y
11	Gary Jones	Successcycling.co.uk	14:11	
12	Paul Mulready	Bridgnorth Cycling Club	14:12	
13	Roger Chappell	Team Vision Racing - Silverhook	14:13	Y
14	Stewart Hyde	Walsall Roads Cycling Club	14:14	
15	Simon Dighton	Beacon Roads CC	14:15	Y
16	Richard Coleman	Stourbridge Velo	14:16	Y
17	Rob Kennard	Stourbridge Velo	14:17	Y
18	Ceri Evans	Stafford RC	14:18	
19	Bob Brabbins	VTTA West Group	14:19	Y
20	William Barr	University of Bristol Cycling Club (UOBCC)	14:20	
21	Brett Lowndes	Pro Vision RC	14:21	Y
22	David Fox	Warrington Road Club/Horton Light Engineering	14:22	Y
23	Steven Hazeldine	Stone Wheelers CC	14:23	
24	Gillian Campbell	Born to Bike - Bridgtown Cycles	14:24	
25	Tim Wood	Team Echelon	14:25	Y
26	Keri Parton	Pro Vision RC	14:26	
27	Russell Carter	South Pennine RC	14:27	Y
28	Dave Smith	Stafford RC	14:28	
29	Phil Gambles	Birchfield Cycling Club	14:29	Y
30	Tim Hood	Team Bottrill	14:30	Y
31	Philip Brown	Walsall Roads Cycling Club	14:31	Y
32	Ian Holbrook	Stone Wheelers CC	14:32	Y
33	Tony Perrin	Stone Wheelers CC	14:33	
34	Bill Renard	Macclesfield Wheelers	14:34	
35	Paul Westwood	Lichfield City Cycling Club	14:35	Y
36	Debbie Bradley	Peddlamaniacs Cycle Club	14:36	Y
37	Garry Shuker	Walsall Roads Cycling Club	14:37	Y
38	Mat Millns	Ambion Racing Team	14:38	